

I Am Here & You Are Here

words & music by Ellen Allard



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Instructions:

This is a forward cumulative song. Each new verse begins by listing the prior motion(s) and adding on the new motion for that verse. It is easy to learn because of the repetition and sequencing of the words and motions.

I am here (point both fingers on hands to own chest)

and you are here (point both fingers on hands outwards as if pointing to someone in front of you) and we are all together (make fists, then touch knuckles on both fists together with thumbs on top, then pull fists in towards body, then circle arms out towards front of body and back around, make several circles to fit in with music)

I am here (point both fingers on hands to own chest)

and you are here (point both fingers on hands outwards as if pointing to someone in front of you) and we're gonna have some fun (lay flat hands on stomach, one hand above the other, lift hands numerous times in an upwards brushing motion against stomach, see page A-10 for picture of "happy" sign)